

Literacy

1. Play I Spy using letter sounds.
2. Ask your child to find things around the house that begin with different letter sounds.
3. Share the story book your child brings home, talk to them about the story, ask them questions.
4. Visit the library.
5. Learn to read the keywords: I, to, no, go, the, into,
 - a. If your child can read these learn more words from the sheets of flashcards
6. Read a story to your child every night.

Physical Development

1. Encourage your child to skip, hop, gallop and jump etc.
2. Use construction, puzzles, play-dough, paint and colouring pencils to help develop your child's fine motor skills.
3. Use children's scissors to practise cutting.
4. Encourage your child to dress and undress independently e.g. shoes, socks, buttons.
5. Encourage your child to use a knife and fork independently.

Communication and Language

1. Sing songs and nursery rhymes.
2. Find things that are big, little, short, tall, large and small using these words with your child.
3. Encourage your child to speak clearly in simple sentences.

Autumn Term 1A

Topic: Ourselves

Ideas to support your child at home



Understanding the World

1. Take a walk through the park. Collect leaves and talk about the colour, shape and texture e.g. crunchy, soggy, crispy.
2. Talk about autumn.
3. Look at school website for literacy and number games.

Mathematics

1. Ask your child to identify things inside and outside which are a triangle, circle, square and rectangle.
2. Spot the number game e.g. door numbers, bus and prices in shops.
3. Count objects to 10, e.g. buttons on coat, sweets, tins in cupboard, cutlery, toys etc.
4. Practise counting from 0-10
5. Recognise numbers to 10.

Personal, Social and Emotional Development

1. Play games to encourage turn taking and sharing e.g. snap, snakes and ladders
2. Encourage children to be kind and caring to others. Have gentle hands and feet.
3. Remind your child to wash their hands often e.g. before eating and after the toilet.

Expressive Arts and Design

1. Draw or paint a picture of their family.
2. Sing songs with your child and encourage them to move to the music.
3. PLAY!!